

**Rotary Club of Mont Albert & Surrey Hills
(RC MASH)**
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For Immediate Release

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The Rotary Club of Mont Albert & Surrey Hills' Forum on *Raising Awareness of Mental Illness in Youth*

On Tuesday, September 29, the Rotary Club of Mont Albert & Surrey Hills will hold a Community Forum on *Raising Awareness of Mental Illness in Youth* at the Box Hill Institute Auditorium Building 4, Elgar Campus, in Elgar Rd Box Hill.

The forum will address common misconceptions and myths about mental illness, promote awareness and understanding of the needs, experiences and issues concerning young people with a mental illness.

One in four young people in Victoria will experience mental illness in their lifetime. The community forum is an ideal opportunity to raise awareness about mental illness and help reduce stigma, represent positive attitudes toward people with metal illness and engage and educate the community.

"The Rotary Club of Mont Albert & Surrey Hills is committed to providing support to its local community and we're proud to be able to support a project which is going to educate and inform people about mental illness in youth for many years to come", said RC MASH President Shia Smart.

The Rotary Club is partnering with the Box Hill Institute and Rotaract Club of Whitehorse to host the Community Forum.

The community forum is FREE, refreshments will be provided and no booking is necessary.

For further information please contact Sherisse Goodwin 0409 552 192.

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